

Happy Dance

Don Monopoli

© 2014 *Brain Breaks Action Songs: Let's Move!*

Stand up! Feel the beat! And let's do the happy dance.

Verse:

I'm so happy that's why I clap my hands,
Because I'm feeling happy. (feeling happy)
I'm so happy that's why I twist my hips,
Because I'm feeling happy. (feeling happy)
I'm so happy that's why I march in place,
Because I'm feeling happy. (feeling happy)
I'm so happy that's why I wave my arms,
Because I'm feeling happy. (feeling happy)

Chorus:

Happy is a feeling I like to feel (oh, yeah)
And I like to spread it, too. (oh, yeah)
I'm happy just to be here singing this song (oh, yeah)
And dancing along with you. (oh, yeah)

Refrain:

Dance your happy up. Dance your happy down.
Dance your happy side to side and dance it all around.
Dance your happy up. Dance your happy down.
Dance your happy side to side and dance it all around.



🎵 If You're Surprised and You Know It

Patrick Brennan

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If you're surprised and you know it say, "Yippee!" (yippee)

If you're surprised and you know it say, "Yippee!" (yippee)

If you're surprised and you know it, then your words can help you show it.

If you're surprised and you know it say, "Yippee!" (yippee)



If you're happy and you know it laugh out loud. (hee, hee)

If you're happy and you know it laugh out loud. (hee, hee)

If you're happy and you know it, then your laugh can help you show it.

If you're happy and you know it laugh out loud. (hee, hee)



If you're sad and you know it say, "I'm sad." (I'm sad)

If you're sad and you know it say, "I'm sad." (I'm sad)

If you're sad and you know it, then your words can help you show it.

If you're sad and you know it say, "I'm sad." (I'm sad)

If you're angry and you know it stomp your feet. (stomp, stomp, stomp)

If you're angry and you know it stomp your feet. (stomp, stomp, stomp)

If you're angry and you know it, then your feet can help you show it.

If you're angry and you know it stomp your feet. (stomp, stomp, stomp)

🎵 It's a Happy Day

Shawn Brown
Shawn Brown Role Model Productions, Inc.

Invite children to sing along and dance with streamers.



Da dee da da. Da dee da da da.
Da dee da da. Da dee da da da.
Da dee da da. Da dee da da da.
It's a happy day!

Dee dee deedle-lee dee dee.
Dee dee deedle-lee dee dee.
Dee dee deedle-lee dee dee.
It's a happy day!

If you're happy and you know it clap your hands.
If you're happy and you know it, clap, clap.

If you're happy and you know it, stomp your feet.
If you're happy and you know it, stomp, stomp.

If you're happy and you know it and you really want to show.
Clap your hands. Clap, clap. Stomp your feet. Stomp, stomp.

If you're happy and you know it and you really want to show.
Just turn yourself around.

Now jump and clap.

Da dee da da. Da dee da da da.
Da dee da da. Da dee da da da.
Da dee da da. Da dee da da da.
It's a happy day!



Dee dee deedle-lee dee dee.
Dee dee deedle-lee dee dee.
Dee dee deedle-lee dee dee.
It's a happy day!

I'm in Control

Ronno

Lyrics by Judy Millar, Liz Jones-Twomey, Ron Hiller/RONNO, Pam Schiller
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Chorus:

I'm in control. (I'm in control.)
Hey, that's my goal. (Be in control.)
I'm in control of what I do. (Well, how 'bout you?)
Only the losers always lose it!
But I can choose to keep control.

Well, pardon me but I can see
That what you did's not fair to me.
"So be a baby...
Start to yell and scream and lose it!"
No, I refuse to lose control.

(Repeat chorus.)

Here's how I feel
My anger's real.
I have these feelings, they are mine.
"Well, that's just fine!
Now you'll yell and scream and lose it?"
No, I refuse to lose control.

(Repeat chorus.)

I use my words till I am heard.
Yes, I speak up for what is right.
"But you don't fight?"
No, I don't yell and scream or lose it!
I just refuse to lose control.

No, I don't yell and scream or lose it!
I just refuse to lose -
I simply choose to keep -
I just refuse to lose control!

